



## Covenant for Spiritual Direction

Spiritual direction has been called “holy listening.” In spiritual direction, two persons pledge to journey together for a time in order to listen together for the voice of the Divine in one of their lives. Through listening, reflecting, in a confidential setting of prayer and encouragement, we seek to discern God’s leading.

Our conversations are always confidential; however, I ask your permission to share information (without using your name) with my supervisory peer group. It is customary for directors to be in spiritual direction themselves, and to be in supervision as part of our own spiritual and professional growth.

Commitment: I pledge myself to listen with you for the voice of the Divine and help you notice the Spirit’s movement in your life. I also promise to pray for you.

Prayer is at the heart of spiritual direction. I ask you to commit yourself to regular prayer between our visits. There are many ways to do this, and we can discuss possibilities that seem right for you.

Scheduling: Ordinarily we will meet for approximately one hour each month. After a few meetings, we will evaluate how well this is meeting your expectations and whether to continue.

Location: We will meet at 2330 Bedford Street #16, Durham, NC 27707.

Fee: The standard fee for an hour of spiritual direction is \$80. However, each person is asked to pay according to his or her ability. Please make all payments to Illuminating Paths.

As I begin spiritual direction, I will pay an hourly fee of \_\_\_\_\_. As my financial situation changes, I will request to increase or decrease the fee according to my needs and resources.

Cancellation: Please provide 24 hours notice for a change of time or cancellation.

Obligation to Report: State law requires spiritual directors to report suspected cases of child or elder abuse. Also, professional ethics regarding confidentiality apply to self-endangerment (suicide) or harm to others.

Name: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

In covenant: \_\_\_\_\_ Date: \_\_\_\_\_

In covenant: \_\_\_\_\_ Date: \_\_\_\_\_